



B•Unbound

Supportive Adult: Engagement Menu

Supportive Adult's roles can differ widely when it comes to priorities, capabilities and time commitment. Whether you can spend a few hours a year or a few hours a month, you can make a difference in a young person's life. This menu provides examples of engagement options. Each option includes a brief description, planning consideration requirements, as well as suggested time commitments for guidance.

	Description	Planning Considerations	Suggested Time Commitment
Connector	Leverage your connections to help find Supportive Adults who share an interest with a Navigator.	<ul style="list-style-type: none">• Ongoing communications via newsletter and emails with B-Unbound program staff• Does NOT engage directly with youth	As Needed
Informational Interview (In-person or Virtual)	Engage with Navigator in-person or digitally (e.g. Zoom, email) to answer questions about work, workplace, and careers.	<ul style="list-style-type: none">• Prepare summary of personal learning and career journey• Company/industry overview	2-3 hours
Workplace Tour (In-person)	Host Navigator inside work facilities to allow them to see and experience work activities and company/industry culture firsthand.	<ul style="list-style-type: none">• Tour route• engagement of other staff• Reserve facilities	2-4 hours
Shadow Day (In-person)	Engage with Navigator to show what a 'day in the life' of a job or industry involves.	<ul style="list-style-type: none">• Security and safety	4-6 hours
Passion/Skill Building	Instruct Navigator with a new skill or interest in an activity	<ul style="list-style-type: none">• Access to supplies and equipment	Ongoing, varies

(In-person or Virtual)			
Project Sponsorship (In-person or Virtual)	Provide authentic projects for Navigator to complete, including coaching from industry professionals along the way.	<ul style="list-style-type: none"> • Determine problem statement • Coach through project design process • Reserve facilities, recruit associates for project check-ins, and project review 	Ongoing, varies
Internship/Apprenticeship (In-person or Virtual)	Navigators perform real work activities under the supervision of professionals (maybe paid or unpaid)	<ul style="list-style-type: none"> • Process for on-boarding, continuous feedback and evaluation. • Dedicated working space and necessary equipment, ongoing availability of manager 	Ongoing, varies
Career Mentoring (In-person or Virtual)	One to one relationship between professionals and Navigator to support pathfinding	<ul style="list-style-type: none"> • Process for on-boarding, continuous feedback and evaluation. • Frequency of check ins 	Ongoing, varies